



These days, we buy everything from cheap and trendy clothes to the latest electronics and even plastic gift cards for friends. But all these purchases impact the planet. *All Consuming* looks at how our shopping habits affect climate change—and how we can all learn to shop smarter for the planet and use our purchasing power more wisely.

DISCUSSION QUESTIONS

Chapter 1: Cheap and Chic T-shirts

1. Think about your closet at home. What does it look like?
2. What is fast fashion and how does it impact people?
3. What are some ways fast fashion affects the planet?
4. Can you describe some ways people can shop more sustainably?
5. What are some small changes we can make at home with the clothes we already have?

Chapter 2: Would You Like Fries with That?

1. Think about your eating habits. How often do you eat fast food and what do you do with all the garbage created by a fast food meal?
2. Describe some of the problems caused by plastic bottles and utensils.
3. Discuss some ways companies or individuals are making positive changes to curb the amount of plastic and garbage in the environment.
4. What are some manageable things you can do to reduce food waste or shrink your carbon footprint when it comes to food?
5. Share something interesting you learned from this chapter—something you didn't already know!



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Chapter 3: You Used To Call Me

1. Count up all the electronics you have in your house. What do you do when you're done with them?
2. People create massive amounts of e-waste. Why is e-waste a problem for the planet?
3. How does e-waste negatively impact people?
4. What are some solutions to the e-waste problem?
5. Explain some of the ways you might be able to reduce your own e-waste.

Chapter 4: Gifts Galore

1. When you want to give someone a gift, what do you typically get? Clothes? A gift card? Something handmade?
2. What's the problem with plastic toys and the way we tend to wrap them?
3. Share some of the cool or innovative ways companies are getting greener. Why is this a good thing?
4. What are some more sustainable gift ideas you might be willing to try when it's time to get someone a gift?
5. Do you feel more empowered or inspired to change your shopping habits? What are three things you can do to make a difference?



ABOUT THE AUTHOR

Erin Silver is an award-winning children's author. Her books include *Proud to Play: LGBTQ+ Athletes Who Made History*, *Rush Hour: Navigating Our Global Traffic Jam* (Blueberry Award winner), *Sitting Shiva* (Vine Award finalist, TD Canadian Children's Literature Award finalist), *In It to Win It: Sports and the Climate Crisis* and *Good Food, Bad Waste: Let's Eat for the Planet* (2024 American Association for the Advancement of Science/Subaru SB&F Prize for Excellence in Science Books finalist). Erin was chosen to tour during Canadian Children's Book Week in 2023 and is a sought-after speaker at schools, libraries and conferences. She has an MFA in creative nonfiction and a postgraduate journalism degree. Erin lives in Toronto.

